

# National Disaster Relief Team (NDRT)

## SSIO - USA

### Join the Team!

#### Our Calling

*Students! You are young and possess great energy. You have all the powers of mother earth. Despite possessing all the powers of the earth if you feel that you are powerless. It is a sign of your weakness. Whenever any calamity occurs at any place in the country, you should rush there and help the people. You should not treat them as different from you. Do not harbour the feeling of separateness. Cultivate the feeling of oneness and participate in social service. -Sathya Sai Baba, 5/3/2000*

*Do not restrict your service. Be alert to the call from everywhere, and at all times; be ready with a smile, a kind word, a useful suggestion or a pleasant reply. Look for opportunities to relieve, rescue or resuscitate. Train yourselves so that you may render help promptly and well. Service is the most rewarding form of spiritual discipline, the most satisfying and the most pleasant. It springs out of love, and it spreads love abundantly. - Sathya Sai Baba, 5/19/1969*

#### About the NDRT

Welcome to the Sai-NDRT, the National Disaster Relief Team of the Sathya Sai International Organisation - USA. The NDRT's primary goals are to:

- Develop an SSIO-USA force that can adequately respond to major disaster events and support SSIO relief missions, locally and abroad.
- Provide emergency awareness, resources and training to Sai Center members and disaster relief volunteers across the US.
- Support the mission of the SSIO's International Disaster Relief Committee (IDRC).

#### The Need

USA Disasters Events	Ranking
WW Ranking, Financial Losses	<b>#1 in the World</b>
WW Ranking, # of Disaster Events	<b>#2 in the World</b>
Average # of Affected People Annually	<b>~ 1 Million</b>

#### Join the Team or Stay in Touch

The NDRT's core team is composed of leaders and volunteers from around the country and we are looking for more. We invite you to be part of this noble mission. We have opportunities in a variety of areas, including:

- Communications
- Community Engagment
- IT
- Logistics
- Mission Volunteer
- Operations
- Policy
- Training

To join the NDRT leadership team, to become a mission volunteer, or to simply stay in touch with our network:

- **Fill this brief form:** <https://tinyurl.com/SaiNDRT>
- **Email us at:** [sai.ndrt.us@gmail.com](mailto:sai.ndrt.us@gmail.com)

#### What's Next?

- CERT training for Sai Center members/volunteers
- SSIO-USA Annual Emergency Prep. Calendar
- Circulation of disaster awareness resources
- Workshops on emergency preparedness
- Information on SSIO relief missions/opportunities
- Support for SSIO-USA Regions in major disasters

**For individual/volunteer training information, please contact your Regional Service Coordinator today!**



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**Contact your Regional Service Coordinator today to become CERT trained and support the mission!**

#### About CERT Training



**In 95 percent of all emergencies, the victim or bystander provides the first immediate assistance on the**

**scene. Would you know what to do?**

The [Community Emergency Response Team \(CERT\)](#) program helps train people to be better prepared to respond to emergency situations in their communities. When emergencies happen, CERT members can give critical support to first responders, provide immediate assistance to victims, and organize spontaneous volunteers at a disaster site. CERT members can also help with non-emergency projects that help improve the safety of the community.

The CERT course is taught in the community by a trained team of first responders who have completed a CERT Trainer course conducted by their state training office for emergency management, or FEMA's Emergency Management Institute (EMI).

#### CERT Training is for Everyone!

**CERT training is for everyone, regardless of age or occupation - whether you're an active relief volunteer or simply interested in personal/family preparedness. CERT is a non-strenuous training that provides keen insight and preparation to deal with any kind of emergency.**

#### What can CERT Trained Teams do?

Under the direction of local emergency responders, CERT teams help provide critical support by giving immediate assistance to victims, providing damage assessment information and organizing other volunteers at a disaster site. Volunteers trained in CERT also offer a potential workforce for performing duties such as shelter support, crowd control, and evacuation. The role of a CERT volunteer is to help others until trained emergency personnel arrive.

#### CERT Benefits for Individuals

CERT training takes about 20 hours to complete and provides critical skills in emergency preparedness and response. Among others, participants learn how to:

- Identify, reduce and anticipate hazards
- Extinguish small fires
- Assist emergency responders
- Conduct light search and rescue
- Set up medical treatment areas and apply basic medical techniques
- Help reduce survivor stress

#### CERT Benefits for the Community

In addition to supporting emergency responders during a disaster, the CERT program builds strong working relationships between emergency responders and the people they serve. CERT teams also help the community year-round by helping with community emergency plans, neighborhood exercises, preparedness outreach, fire safety education, and workplace safety.

